

SNACK MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning	4 oz Juice Crystals 6 oz Tea or Coffee	4 oz Juice Crystals 6 oz Tea or Coffee	4 oz Juice Crystals 6 oz Tea or Coffee	4 oz Juice Crystals 6 oz Tea or Coffee	4 oz Juice Crystals 6 oz Tea or Coffee	4 oz Juice Crystals 6 oz Tea or Coffee	4 oz Juice Crystals 6 oz Tea or Coffee
Afternoon	4 oz Juice Crystals 6 oz Tea or Coffee 1-2 Cookies	4 oz Juice Crystals 6 oz Tea or Coffee 1/2 Cup Fruit	4 oz Juice Crystals 6 oz Tea or Coffee 1/2 Cup Yogurt	4 oz Juice Crystals 6 oz Tea or Coffee 1 Granola Bar	4 oz Juice Crystals 6 oz Tea or Coffee 1/2 Cup Fruit	4 oz Juice Crystals 6 oz Tea or Coffee 1/2 Cup Pudding	4 oz Juice Crystals 6 oz Tea or Coffee 1-2 Cookies
Evening	4 oz Juice Crystals 6 oz Tea or Coffee 1/2 Peanut Butter & Jam Sandwich	4 oz Juice Crystals 6 oz Tea or Coffee 1 Small Muffin 1 oz Cheese	4 oz Juice Crystals 6 oz Tea or Coffee 2-3 Slices of Cheese & Crackers	4 oz Juice Crystals 6 oz Tea or Coffee 1/2 Cup Pudding	4 oz Juice Crystals 6 oz Tea or Coffee 1 Tea Biscuit With Cheese Slice	4 oz Juice Crystals 6 oz Tea or Coffee 1/2 Sandwich (Chef's Choice)	4 oz Juice Crystals 6 oz Tea or Coffee 2-3 Slices of Cheese & Crackers