

SUMMER MENU - WEEK 1

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Stewed Prunes Cheese & Yogurt Toast OR Oatmeal Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Mandarin Oranges Egg Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Fruit Cup Cheese & Yogurt Toast OR Bran Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Mandarin Oranges Egg Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Stewed Prunes Cheese & Yogurt Toast OR Chef's Choice of Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Fruit Cup Cheese & Yogurt Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Bacon Egg Toast OR Homefries
	Pork Loin Baked Potato Turnip Fresh Pineapple OR	Baked Chicken Parsley Potatoes Mixed Vegetables Fresh Fruit OR	Pork Riblette in BBQ Sauce Mashed Potatoes Carrots Diced Peached OR	Shepard's Pie Potato & Corn Fruit OR	Cheddar Pollock Scalloped Potato PEI Vegetables Fruit Cocktail OR	Corned Beef Boiled Potatoes Braised Cabbage Diced Peaches OR	Turkey Fillets Roasted Potatoes Asparagus Butterscotch Pudding OR
	Meat Loaf Boiled Potatoes Green Beans Rice Pudding	Liver & Onions Mashed Potatoes Sauteed Mushrooms Carrot Cake	Beef Stew Home Baked Bread Butterscotch Pudding	Turkey Tenderloin Mashed Potatoes Squash Strawberry Shortcake	Baked Chicken Mashed Potatoes Broccoli Homemade Cookies	Pork Chop Mashed Potato Creamed Corn Vanilla Pudding	Salmon Loin Scalloped Potatoes Squash Apple Pie
	Cream of Tomato Soup	Vegetable Soup	Tomato Juice	Minestrone Soup	Chicken Noodle Soup	Vegetable Beef Barley Soup	Carrot Soup
	Turkey Sandwich Spinach Manderine Salad Assorted Dessert OR	Ham Sandwich Tomato & Cucumber Slices Mousse OR	Salmon Salad Sandwich Tossed Salad Eclair OR	Peanut Butter & Jam Sandwich Banana Slices Ice Cream OR	Egg Salad Sandwich Sliced Raw Vegetables Jello OR	Grilled Cheese Pickles Cupcake OR	Ham Sandwich Tossed Salad Butterscotch Pudding OR
	Tuna Pasta Salad Plate Assorted Dessert	Cheese Pizza Tossed Salad Diced Pears	Devilled Egg Salad Plate Watermelon Wedge	Cottage Cheese Fruit Plate Stewed Rhubarb	Port Tortier Pie Tossed Salad Strawberries	Deli Meat Salad Plate Fresh Fruit	Beef Pot Pie Tomato & Cucumber Slices Stewed Rhubarb

SUMMER MENU - WEEK 2

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B R E A K F A S T	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Stewed Prunes Cheese & Yogurt Toast OR Oatmeal Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Mandarin Oranges Egg Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Fruit Cup Cheese & Yogurt Toast OR Bran Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Mandarin Oranges Egg Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Stewed Prunes Cheese & Yogurt Toast OR Chef's Choice of Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Fruit Cup Cheese & Yogurt Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Bacon Egg Toast OR Homefries
M A I N M E A L	Baked Chicken Mashed Potatoes New England Farm Rick Crispy Square OR Chili Dinner Roll Cupcake	Sole Scalloped Potatoes Harvest Beets Tapicoa Pudding OR Turkey Stir Fry Banana	Octoberfest Sausage Parslied Boiled Potatoes Cream Corn Diced Peaches OR Meat Loaf Mashed Potatoes Green Beans Ambrosia	Pork Loin Mashed Potatoes PEI Vegetables Stewed Rhubarb OR Vegetarian Lasagna Garlic Bread Carrots Fruit Tart	Krunchie Perch Scalloped Potatoes Zucchini Baked Apples OR Cabbage Rolls Diced Squash Homemade Cookie	Sliced Roast Beef & Gravy Roasted Potatoes Mixed Vegetables Banana OR Baked Chicken Biled Potatoes Peas Strawberry Cheesecake	Baked Ham Scallop Potatoes Turnip Fresh Fruit OR Spaghetti & Tomato Sauce Garlic Bread PEI Vegetables Coconut Cream Pie
S U P P E R	Cream of Tomato Soup Apple Pancakes & Syrup Sausage Assorted Dessert OR Macaroni & Cheese Stewed Tomatoed Assorted Dessert	Vegetable Soup Cottage Cheese & Fruit Plate Brownie OR Corned Beef Sandwich Tossed Salad Fruit Cup	Tomate Juice Devilled Egg Salad Plate Lemon Pudding OR Chicken Salad Sandwich Tossed Salad Fresh Pineapple	Cream of Mushroom Soup Hamburger on a Bun Tossed Salad Homemade Cookie OR Tuna Salad Sandwich Mandarin Oranges	Chicken Noodle Soup Chicken Nuggets & Fries Tomato & Cucumber Slices Ice Cream OR Grilled Cheese Pickles Watermelon Wedge	Vegetable Beef Barley Soup Quiche - Cheese & Onion Harvest Beets Macroons OR Deli Meat Salad Plate Fruit Cup	Cream of Celery Soup Cottage Cheese & Fruit Plate Vanilla Pudding OR Salmon Sandwich Sliced Raw Vegetables Diced Pears

SUMMER MENU - WEEK 3

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B R E A K F A S T	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Stewed Prunes Cheese & Yogurt Toast OR Oatmeal Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Mandarin Oranges Egg Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Fruit Cup Cheese & Yogurt Toast OR Bran Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Mandarin Oranges Egg Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Stewed Prunes Cheese & Yogurt Toast OR Chef's Choice of Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Fruit Cup Cheese & Yogurt Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Bacon Egg Toast OR Homefries
M A I N M E A L	Swiss Steak Baked Potato Spinach & Mushrooms Watermelon Wedge OR Baked Chicken Buttered Noodles Peas Cupcake	Pork Loin Mashed Potatoes Pel Vegetables Fruit Cocktail OR Beef Stew Tea Biscuit Banana Cake	Shephards Pie Potato Squash Stewed Rhubarb OR Lemon Pepper Cod Scalloped Potatoes Corn Butterscotch Pudding	Pork Chops Roasted Potato New England Farm Strawberries OR Veal Mashed Potatoes Carrots Macaroon	Cheddar Pollock Scalloped Potatoes Zucchini & Tomato Fruit Cup OR Cabbage Rolls Peas Brownie	Corned Beef Boiled Potatoes Brazed Cabbage Fresh Pineapple OR Roast Turkey & Gravy Mashed Potatoes Turnip Cake	Roast Pork Loin Scalloped Potatoes PEI Vegetables Stewed Rhubarb OR Krunchie Perch Mashed Potatoes Carrots Lemon Meringue Pie
S U P P E R	Cream of Tomato Soup Turkey Sandwich Tossed Salad Assorted Dessert OR Cheese Pizza Sliced Raw Vegetables Assorted Dessert	Vegetable Soup Deli Meat Sandwich Spinach Mandarin Salad Ambrosia OR Deville Egg Salad Plate Fresh Pineapple	Tomato Juice Country Sausage on English Muffin Tossed Salad Jello OR Chicken Pot Pie Marinated Cucumber Salad Diced Pears	Minestrone Soup Cheese Canneloni Green Beans Diced Peaches OR Peanut Butter & Jam Sandwich Banana Slices Ice Cream	Chicken Noodle Soup Western Omllette Hash Browns Eclair OR Chicken Burger on a Bun Tossed Salad Fresh Fruit	Vegetable Beef Barley Soup Tuna Salad Sandwich Coleslaw Butterscotch Pudding OR Cottage Cheese & Fruit Plate Stewed Rhubarb	French Onion Soup Chicken Salad Sandwich Tossed Salad Cupcake OR French Toast & Syrup Melon Slices Banana

SUMMER MENU - WEEK 4

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B R E A K F A S T	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Stewed Prunes Cheese & Yogurt Toast OR Oatmeal Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Mandarin Oranges Egg Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Fruit Cup Cheese & Yogurt Toast OR Bran Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Mandarin Oranges Egg Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Stewed Prunes Cheese & Yogurt Toast OR Chef's Choice of Muffin	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Fruit Cup Cheese & Yogurt Toast	Juice - Resident's choice Hot Cereal OR Assorted Cold Cereal Bacon Egg Toast OR Homefries
M A I N M E A L	Roast Chicken & Herbs Roast Potatoes Broccoli Fruit Cup OR Pork Chops Scalloped Potatoes Cream Corn Fruit Tart	Turkey Schnitzel Egg Moodles Sauteed Mushrooms Watermelon Wedge OR Baked Sole Mashed Potatoes Mixed vegetables Rice Pudding	Chicken Kiev Parslied Potatoes New England Farm Diced Pears OR Vegetable Stew Tea Biscuit Cheesecake with Fruit Sauce	Beef Pot Pie & Gravy Mashed Potatoes Zucchini Fruit Cocktail OR Vegetarian Chili Dinner Roll Fruit Crisp	Salmon Loin Scalloped Potatoes Turnip Stewed Rhubarb OR Chicken Breast Mashed Potatoes Peas Cake	Swiss Steak Mashed Potatoes Green Beans Diced Peaches OR Pork Loin Boiled Parsley Potatoes PEI Vegetables Butter Tart	Roast Beef & Gravy Mashed Potatoes Carrots Strawberries OR Turkey Tenderloin & Gravy Boiled Potatoes Squash Pumpkin Pie
S U P P E R	Cream of Tomato Soup Egg Salad Sandwich Macaroni Salad Assorted Dessert OR Pork Tortier Pie Tossed Salad Assorted Dessert	Vegetable Soup Cottage Cheese & Fruit Plate Jello OR Hamburger on a Bun Marinated Tomato Salad Fresh Fruit	Tomato Juice Corned Beef Sandwich on Rye Dill Pickle Coleslaw Frozen Yogurt OR Devilled Egg Salad Plate Mandarines	Ceam of Mushroom Soup Macaroni & Cheese Stewed Tomatoes Vanilla Pudding OR Chicken Salad Sandwich Tossed Salad Fruit Cocktail	Chicken Noodle Soup Vegetarian Lasagna Tossed Salad Ice Cream OR Ham Sandwich Sliced Raw Vegetables Banana	Vegetable Beef Barley Soup Tuna Salad Sandwich Macaroni Salad Cupcake OR Chicken pot Pie & Gravy Tossed Salad Fresh Pineapple	French Onion Soup Deli Meat Sandwich Tossed Salad Macaroon OR Quiche - Broccoli & Cheese Diced Beets Fruit Cocktail